Katz Index of ADL

Independence in the 6 basic activities of daily living · grades A to G

1. **Bathing**
2. **Dressing**
3. **Toileting**
4. **Transferring**
5. **Continence**
6. **Feeding**

A	B to F	G
Independent in all 6 activities	Progressive loss of function	Dependent in all 6 activities

Lost in a fixed order (bathing first, feeding last) and recovered in reverse