Lauge-Hansen Classification

Ankle fractures by mechanism · foot position + direction of force

SER — **Supination-external rotation**
most common · spiral fibula at the syndesmosis (Weber B)

SAD — **Supination-adduction**
transverse fibula below syndesmosis + vertical medial malleolus (Weber A)

PAB — **Pronation-abduction**
medial side first · comminuted fibula at or above (Weber B-C)

PER — **Pronation-external rotation**
medial side first · high fibula, syndesmosis torn (Weber C) · Maisonneuve

First word — Foot position

Second word — Direction of force

High fibula — X-ray the whole fibula

Stages follow a fixed order: a medial injury in an SER pattern means an unstable fracture