Lawton IADL Scale

Instrumental activities of daily living · 8 activities, 1 point each

1	Using the telephone	1 pt
2	Shopping	1 pt
3	Food preparation *	1 pt
4	Housekeeping *	1 pt
5	Laundry *	1 pt
6	Transportation	1 pt
7	Responsibility for own medications	1 pt
8	Ability to handle finances	1 pt

8 points	Lower score	0 points
Fully independent in instrumental activities	Greater dependence; a falling score is an early sign	Totally dependent

*** Not scored in men in the original version (max 5) · Lawton = instrumental, Katz = basic**