qSOFA Score

Quick SOFA · bedside risk of a poor outcome in suspected infection · 0 to 3

R — **Respiratory rate ≥ 22/min** — **1 pt**

S — **Systolic blood pressure ≤ 100 mmHg** — **1 pt**

M — **Altered mentation** (GCS < 15) — **1 pt**

0 - 1
Does NOT rule out sepsis: keep reassessing

≥ 2
High risk of a poor outcome: look for sepsis and act

A warning tool, not a diagnosis · the cut-offs include 22 and 100