Rockwood Classification

Acromioclavicular joint injuries · types I to VI · ligaments torn and clavicle direction

I — **Sprain**
AC ligaments sprained · no displacement

II — **Subluxation**
AC torn · coracoclavicular intact

III — **Dislocation**
AC and coracoclavicular torn · 25-100% elevation

IV — **Posterior**
clavicle into the trapezius · seen on axillary view

V — **Severe superior**
more than 100% elevation · deltotrapezial fascia torn

VI — **Inferior**
below acromion or coracoid · rare

I-II	III	IV-VI
Nonoperative	Debated: individualize	Usually surgical

Always compare with the healthy shoulder · piano key sign: the clavicle springs back up when pushed down