SAPHO Syndrome

Skin lesions (acne, pustulosis) together with bone and joint involvement

S — **Synovitis**
joint inflammation

A — **Acne**
severe acne

P — **Pustulosis**
palmoplantar pustulosis

H — **Hyperostosis**
bone overgrowth

O — **Osteitis**
inflammation of bone

Typical site
Anterior chest wall: sternum, clavicles

Bone scan
"Bull's head" pattern

Spectrum
Seronegative spondyloarthropathies

Cultures are negative (rule out infectious osteomyelitis) · treatment starts with NSAIDs, then bisphosphonates or spondyloarthritis drugs