Sjögren Syndrome

An autoimmune disease that destroys the exocrine glands and leaves the patient "dry"

Ab Autoimmune

- anti-Ro (SSA)
- anti-La (SSB)
- ANA and rheumatoid factor positive

Dry Exocrine glands destroyed

- dry eye (xerophthalmia)
- dry mouth (xerostomia)
- Schirmer test and salivary gland biopsy

MALT Higher risk of MALT lymphoma

- primary, or associated with other connective tissue diseases
- monitor the risk

Dry eyes + mouth
With anti-Ro / anti-La: Sjögren

Lymphoma
Increased risk of MALT lymphoma

Pregnancy
Anti-Ro also matters: neonatal heart block

Dry eye and dry mouth with anti-Ro and anti-La point to Sjögren syndrome