Visual Analog Scale (VAS) for Pain

Pain intensity reported by the patient · 10 cm line · one value from 0 to 10

0 **Left end of the line** "no pain"

10 **Right end of the line** "the worst pain imaginable" (wording varies)

VAS **The patient marks the line** (distance from 0, in cm)

NRS **Numeric version** (the patient says a number from 0 to 10)

10 cm	One value	No fixed cut-offs
Line between the two labeled ends	From 0 to 10; nothing is added	Mild, moderate, severe: they vary by study

Subjective measure: best used to compare the same patient with himself or herself, before and after treatment